

# At-Home COVID-19 Testing Before Returning to School from Break

Students and staff might be exposed to COVID-19 during the break. Testing at home helps prevent the spread of COVID-19 and keep schools open

## Step 1: Get the following materials:

- Two iHealth COVID-19 Antigen Rapid Tests (with instructions).
- A device with internet access for submitting your results at the link provided by your school. (If you do not have a device or internet, call Primary at (650) 275-5419.

## Step 2: Test your student (or yourself if you are a staff member)

**NO SYMPTOMS?** Students and staff members with NO COVID-19 symptoms and NO known exposure to someone with COVID-19 should TEST TWO TIMES:

- Test #1: Three (3) days before returning to school
- Test #2: The day before returning to school

**SCAN the QR code (see below) to WATCH a video on how to test.**

**ANY SYMPTOMS? KNOWN EXPOSURE?** If you HAVE ANY COVID-19 symptoms and/or you know you were exposed, **CALL YOUR SCHOOL** for next steps before you return.

## Step 3: Share your test results on Primary.Health. (DO NOT use the iHealth app.)

If not already registers, go to Primary.Health by December 29 <https://my.primary.health/l/scusd-edu>

A message will be sent to you from Primary Health on 12/30 and 1/2 to report your results.

NO INTERNET? Call your results in at (650) 275-5419

## Step 4: Understand your test results

### POSITIVE TEST?

- **Stay home** and contact your doctor, your school and email [covidreport@scusd.edu](mailto:covidreport@scusd.edu) right away for further guidance.

### NEGATIVE TEST?

- If your student feels well and has no COVID-19 symptoms, RETURN TO SCHOOL!
- If your student has SYMPTOMS or has been in contact with someone with COVID-19, please stay home and CALL THE SCHOOL before they return – even if the test is negative. More testing may be needed.

**UNCLEAR TEST RESULTS?** Contact the school for next steps, to find the next in-school testing date, or find a local testing site to retest. Make sure you have a photo of your test.

**Questions about Primary.Health?** Contact 650-275-5419

#keepingschoolsopen



QR code to register:



**SCAN the QR code to WATCH a video on how to test.**



Scan this QR code to read our online translations.

Escanee este código QR para leer nuestras traducciones en línea  
Scan tus QR code no los nyeem peb cov ntaub ntawv txhais rau hauv online  
Quét mã QR này để đọc các bản dịch trực tuyến của chúng tôi.  
請掃描這二維碼以閱讀我們的在線翻譯。