

## TEST TAKING TIPS FOR PARENTS

The following tips will provide suggestions for parents on how to approach test taking with their students.

1. Let your child relax for a few hours before bedtime; it can be stressful for a child to study all night.
2. Mark down test days on your calendar so you and your child are both aware of testing dates.
3. Make sure that your child gets enough sleep on the night before the test.
4. Make sure that your child gets up early enough so that he/she will be on time to school.
5. Ensure that your child eats a healthy breakfast.
6. Keep a positive attitude about tests.
7. Talk about the test with your child; this can relieve stress about test taking.
8. Encourage your child to do well but don't pressure him/her. Stress doesn't improve test scores.
9. Praise/reward your child when he/she does well on a test or for his/her hard work preparing for a test.
10. Encourage your child to do better if he/she doesn't do well.



**SCALED SCORE TABLE to the CAASPP PERFORMANCE SCORE REPORT  
SBAC - ENGLISH LANGUAGE ARTS / LITERACY**

Grade	Minimum Scale Score	Maximum Scale Score	Scale Score Range for Standard Not Met- Level 1	Scale Score Range for Standard Nearly Met- Level 2	Scale Score Range for Standard Met- Level 3	Scale Score Range for Standard Exceeded- Level 4
7	2258	2745	2258–2478	2479–2551	2552–2648	2649–2745
8	2288	2769	2288–2486	2487–2566	2567–2667	2668–2769

**SCALED SCORE TABLE to the CAASPP PERFORMANCE SCORE REPORT  
SBAC - MATHEMATICS**

Grade	Minimum Scale Score	Maximum Scale Score	Scale Score Range for Standard Not Met- Level 1	Scale Score Range for Standard Nearly Met- Level 2	Scale Score Range for Standard Met- Level 3	Scale Score Range for Standard Exceeded- Level 4
7	2250	2778	2250–2483	2484–2566	2567–2634	2635–2778
8	2265	2802	2265–2503	2504–2585	2586–2652	2653–2802

**TEST STRONG!**



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