

# 2019 SCUSD MIDDLE SCHOOL TRACK AND FIELD

MEET HOSTS: ROSEMONT HIGH SCHOOL & JOHN F KENNEDY HIGH SCHOOL

Welcome to the 2019 track season. Please carefully read the information below. You will find the track practice schedule, the track meet schedule, and important information regarding getting to and from track meets. **Due to transportation constraints, we will only be able to accept athletes who will work hard for the team and who can provide their own transportation to and from meets.**

- 3/14 – 3pm at Kennedy – Middle School Meet #1
- 3/21 – 3pm at Rosemont – Middle School Meet #2
- 3/28 – 3pm at Kennedy – Middle School Meet #3
- 4/11 – 3pm at Rosemont – Middle School Meet #4
- 4/26 – 4pm at Rosemont – Middle School Championships

## TRACK EVENTS

4X100 RELAY  
1600 METERS  
400 METERS  
100 METERS  
800 METERS  
200 METERS  
3200 METERS  
4X400 RELAY

## FIELD EVENTS

SHOT PUT  
LONG JUMP

## Practices

T/W 2:30-3:30

## Meets

Thursdays

Please have your athlete  
at the track for meets by  
2:45.  
  
Plan on pick up time of  
6:00pm



**Please be aware:** Parents are responsible to provide transportation to and from track meets. Coaches will not be able to drive students.